## **Ladder Safety: Read This Before Use**

Anyone wishing to use this ladder must, before so doing, confirm that they have read and understood the Zarges Skymaster Ladder instructions (located in the holder on the stage wall where the ladder is stored) and this summary below, by signing the Ladder Safety Book also located in the holder where the ladder is stored.

- The ladder must always be carried by 2 people and used with 2 people present. Never attempt to move or use this ladder on your own.
- The stile-locking bar must be engaged.
- The extension section's locking clip must be engaged.
- The top of the ladder should be level with the point where your hands will be used above if possible.
- Maintain three points of contact when working :
  - either both feet on the same rung and one hand on the ladder , or
  - if both hands are required for the task in question, lean your body against the ladder, at least to the height of your midriff.
- Work to the front, do not reach backwards or sideways.
- A second person must always foot the ladder by standing on the stabilizer bar.
- Remember this ladder is designed to provide access for light short-duration maintenance work. Do not use it as a working platform.
- Check the ladder's condition before use report any concerns regarding its condition or suitability for use to: <u>officers@birchmeadow.org.uk</u> or leave a note in the Ladder Safety Book.
- After use return the ladder to its position at the right hand corner of the back wall of the stage and secure it with the bungee cord and wall hooks.